About Jen Shirkani

Jen Shirkani is a nationally recognized expert on emotional intelligence and a featured speaker at national and state conferences, universities, government agencies, and at business organizations around the world. She is the author of *Ego vs EQ* and *Choose Resilience*, guides for leveraging the power of emotional intelligence. In addition to emotional intelligence, she frequently speaks and writes about employee engagement, interviewing and selection, and coachability. She holds a Master's Degree in Organizational Leadership. She has also been a frequent guest of several national radio programs, and has been featured in Bloomberg/Businessweek, Leadership Excellence magazine, Reader's Digest, Inc.com, Business Insider, Publishers Weekly, Fast Company, and Upstart Business Journal. Based in Phoenix, Jen speaks globally to share her insights on how to make common sense more common.